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uring Mass, music provides us an opportunity to gather as a community in praise and worship. Unified as one voice, we can join in prayer as we sing with one another. To help keep things running smoothly, our Music Library provides a space for all of the choral music used at Mass and liturgies in our Cathedral.

"The goal of the library is to provide a safe, clean, and organized filing system for all the music so it may be easily and readily accessed whenever needed," says Laura Veach, librarian.

Each musical title has an assigned file number, and all of the music is filed



(From left) Jane Ohl and Laura Veach

alphabetically. The library is located in the Cathedral choir loft. The repository serves an important purpose, given music's essential role in the liturgy.

"Music provides continuity and supports the appreciation and understanding of the message contained in the readings and homilies for those in attendance," Laura says. "Bishop Robert Barron has said the Mass is very sensual — it utilizes all the senses to experience it to the fullest. Music is certainly an important part of hearing Mass. It is emotional, and when performed well, can elicit deep responses of joy, sorrow, and healing."

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Nurturing Stewardship and Discipleship in Your Children as a New School Year Begins

As parents, you play a vital role in instilling values and faith in your children's lives. With the start of a new school year, it's an excellent time to focus on teaching them about stewardship and discipleship, two core principles in the Catholic faith. Here are some practical ways to help your kids embrace these values as they embark on their educational journey.

- Set a Christ-Centered Example: Children learn by example, and it's crucial to model stewardship and discipleship in your own life. Show them how to be good stewards of your time, talents, and treasures by making time for family prayer, acts of service, and charitable giving. Let them see you living out your faith in meaningful ways.
- Teach Gratitude: Expressing gratitude is a fundamental aspect of stewardship. Encourage your children to start each day with a prayer of thanks for the opportunities the new school year brings. Help them recognize their education is a gift from God, and it's essential to appreciate it.
- Get Involved in Parish and Community Activities: Engaging in parish and community service projects can be a great way to encourage stewardship. Participate as a family in volunteer opportunities, such as food drives, community clean-ups, our Saturday breakfasts or visiting the elderly. These experiences will teach your children the importance of giving back.
- Support Their Talents and Interests: Every child has unique talents and interests. Encourage your children to explore their passions and talents, whether it's art, music, sports, or academics. These pursuits can be a way to practice stewardship by sharing their talents with others and serving the community.

- Nurture a Prayerful Life: Help your children build a strong prayer life. Encourage them to pray for their teachers, classmates, and school staff. Regular family prayer times can help strengthen their relationship with God and guide them in discipleship.
- Emphasize Kindness and Compassion: Teach your children the importance of treating others with kindness and compassion. Share stories of Jesus' love and mercy and discuss how they can follow His example in their interactions with peers and teachers.
- Talk About Their Academic Responsibilities: Discuss the importance of diligence and hard work in their studies. Explain that stewardship applies to their responsibilities as students, too. Encourage them to do their best, not just for their own benefit but to honor God and be good stewards of the opportunities they have been given.
- Share Stories from the Bible: The Bible is full of stories that illustrate stewardship and discipleship. Read and discuss these stories with your children. For instance, the story of the Good Samaritan emphasizes helping others, while the Parable of the Talents underscores using one's abilities for God's glory.

Incorporating these practices into your family life can help your children understand and embrace the values of stewardship and discipleship as they start a new school year. By fostering a strong connection between faith and everyday actions, you are laying a solid foundation for their spiritual growth and nurturing their sense of responsibility to God and others.



Dear Parishioners,

or many of us, September brings a livelier rhythm to our schedules. Life just seems to get busier after Labor Day. Therefore, this month seems to be a good time to think about our priorities and to pray for God's guidance.

The truly important is often pushed aside by the merely urgent. So, as we review our priorities, let's make sure that we include what's really important!

First of all, be sure to include time for God, as well as for job, family, and recreation. Of prime importance, make sure that Mass on Sundays is a

top priority — that's the most important event of the week. In addition, reserve some time for personal Scripture study, as well as prayer with your family or a prayer group — then incorporate that into your daily and weekly routine.

There are many forces pulling at us as we decide where to use our talents. For most of us, our jobs claim the lion's share of our efforts and sometimes threaten to engulf our whole lives. We also have responsibilities to our families and legitimate calls for service to the community — that obviously includes the Church. We have lots of areas for service right here in our own parish — religious education, music, serving as an greeter, or any one of the many ministries in which you may use your talents to grow closer to God.



Finally, we have to set priorities for using our money. As Christians, we are responsible to God for the use of the financial resources He has entrusted to us — no matter if it's a lot or a little — and to make a return to God in thanksgiving. In this regard, Scripture gives us the tithe as a goal. Working toward a tithe may mean some changes in our priorities, but I can tell you from personal experience that those who have adopted this as their standard of giving experience a joy rooted in the spiritual growth that occurs as we continually

live out the "three Ts" of stewardship — time, talent, and treasure.

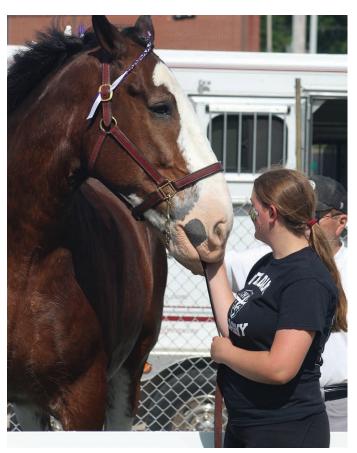
Priorities are certainly a part of life. As you review your own priorities, especially now that many regular routines are starting up again, ask yourself how you will use the time, talent, and treasure entrusted to you by God.

Peace,

Fr Godfrey OFB

Very Rev. Godfrey Mullen, OSB Cathedral Rector

Join Us on Oct. 4 for the Anr A Favorite Community Eve



hat we now call a "food truck" has been a staple since the 1800s, with chuckwagons. Of course, the concept has evolved over the years, from wagons and retired military vehicles, to the food trucks we enjoy so much now. In May of 2016, Deacon Wayne and Josie Weiler suggested a food truck event for our parish.

"We had not had a parish picnic in some years," says Josie, our Business Manager. "Our Cathedral Food Truck Fest began with the help of many. This event is designed to allow our parishioners to gather and enjoy time with their families and each other with little manual labor required. We now have a planning committee of 14, and that number grows each year."

The event itself takes place on Saturday, Oct. 4, from 4 to 9 p.m. on our Notre Dame Center grounds. Confirmed trucks include Louisiana Cuisine, Spud Shack, Casa Maria, Seoul Mom, Grindstaff BBQ, Cold Stone Creamery, and Washington Kettle Corn.

"Food trucks, both savory and sweet, are offering items such as pizza, pasta, desserts, barbecue, and so much more," Josie says. "We normally have about six savory trucks and some years have about three sweets trucks. These trucks arrive with everything necessary to sell their specialty foods







nual Food Truck Fest Int that Benefits Our Parish

to each guest. The parish benefits, with a portion of each food truck's sales, our raffle, and drink booths."

Raffle tickets will be available in the bulletin, after Mass, and at the rectory offices.

"Our raffle includes a \$500 cash prize, \$250 Schubert's Smokehouse Gift Card, Wenneman's Ham, and many baskets," Josie says. "If you would like to prepare a basket to donate to the raffle, please contact Peggy Schifferdecker or Liz Horn."

There is more than just food trucks happening at this festival, too.

"We plan for lots of entertainment," Josie says. "We'll have inflatables, yard games, and a visit from a Clydesdale brought by our friends at JFP Equine. From Sister Tess' family, we'll have a couple of ponies for the little ones to ride, a bubble machine, and more. If you are a balloon artist, please contact Greta Stock or Kim Schwartzkopf. Additionally, the committee is hoping to have live music. If you are or know of a musician or band, please contact Rob Stock or Johnny Reitano."

This is the seventh annual Food Truck Fest for our cathedral parish, and the proceeds will continue to help

fund needed projects.

"The proceeds are to be used to offset the cost to repair the northern and ramp exterior stairs of the church," Josie says.

Volunteers are needed for this event for setup, event operations, and cleanup.

"Volunteers help with the setup of booths and canopies," Josie says. "Parishioners volunteer to work shifts for drinks, raffle items, inflatables, and clean-up of the event at the end of the night. We are truly grateful for all who volunteer to make our food truck fest successful."

Be sure to mark your calendar for Oct. 4 and plan to attend our annual Food Truck Fest. We hope you'll bring your friends and family and join in on the fellowship fun. "As this event is far less labor-intensive, our parishioners can enjoy fun and fellowship with each other rather than being trapped with all the behind-the-scenes of preparing a traditional parish picnic," Josie says. "We are and have been the only parish in the area with a food truck event as our annual event. Rectory staff, Truck Fest Committee, Wednesday Work Crew, and all our volunteers — without their help, our parish event would not be possible.

To volunteer, call the Cathedral Rectory at 618-234-1166 or sign up through Flocknote or our Facebook volunteer form. Check the bulletin for more details and opportunities.

To contact any of the above-listed individuals, see our parish phone directory.



The CATHOLIC YOUNG ADULT INITIATIVE:



Across the Catholic Church, many young people are discovering a renewed passion for their faith, seeking a deeper reverence for our liturgies and a closer relationship with Christ. Here at the Cathedral, we are blessed to see this in action through our participation in the Catholic Young Adult Initiative, a mission of St. Meinrad Archabbey that equips our members to accompany and inspire young adults in the Church.

Among those answering this call are Aaron and Sarah Augustine, who became involved in the initiative several years ago after Fr. Godfrey invited them to take part.

Before they were married, Aaron and Sarah Augustine became involved in this initiative several years ago after Fr. Godfrey approached them. They have recently become the head of the core group of members for this initiative.

"This group isn't an adult youth group, as one might

think," Sarah says. "Our purpose is really to accompany those we serve. We attend weekends at St. Meinrad twice a year to receive training and formation. Through this initiative, we receive grant money as well to help with projects that we use within the parish. There are about 155 parishes across the Midwest that take part in this initiative through St. Meinrad."

The weekends at the Abbey include learning about relevant topics, listening to speakers, taking time to collaborate with others from different parishes, and attending Mass and adoration. A big part of the initiative is working to get the young adults of the parish more involved in ministry and active in parish leadership.

"We want to empower them to be more involved in different groups such as the Knights of Columbus, or become leaders in things like Pastoral Council, or being active in the liturgical ministries such as sacristans, lectors, or Extraordinary Ministers of Holy Communion," Aaron says. "We are making an emphasis on attending more of the formation that

happens outside of Mass as well. We're just trying to encourage everyone in the importance of growing in our faith."

The core group for the Young Adult Initiative meets monthly and welcomes anyone interested in joining them on this important mission within the Church. Their mission is to evangelize and promote participation in community events that bring people into the Church. At the beginning of the summer, they hosted an event for young adults to go out to dinner and see The Chosen in the movie theater.

One recent effort has been to engage those who have recently gone through OCIA. These students spent a lot of time



actively involved in the parish as they attended these classes, but once they were received into the Church, those meetings ended. The hope is to lead them to ministry opportunities and continued faith formation within the parish.

Another key aim is hospitality and making the Cathedral a welcoming place for all who enter.

"It is sometimes just about the simple things," Sarah says. "Many young parents are spending much of this season of life in the cry room. So how can we help them get more out of Mass and feel supported during this time? Some things we are looking at are interactive Mass books for the children or different resources and having them available."

The Catholic Young Adult Initiative is working to put together a retreat at St. Meinrad for young adults of the parish. Anyone who is interested may reach out to Sarah or Aaron for more information.

"It is a really exciting time in the church," Sarah says. "We have so many opportunities to be involved in the community. We just have to prioritize that. We all make time for the things we find important, so we just need to encourage people to make their life in the Church a priority."

"We need to not be afraid to step up," Aaron adds. "There is so much more depth to the faith that is pretty accessible if you just take those steps. You learn by showing up to those things that are important. We just have to make it a priority, show up, and be committed to it."





The late Pope Francis was asked in an interview what he did with his free time, and his response was something we can all learn from — "All my time is free." This reminds us that our time is a gift from God. We must use it well.

The Catholic Young Adults Initiative group meets monthly on the first Tuesday of the month — meeting locations vary. To get involved, contact Aaron and Sarah Augustine at CathedralBelleYAI@gmail.com.

200 W. Harrison St. • Belleville, IL 62220 (618) 234-1166 • cathedralbelle.org

A Look at Our Music Library

continued from front cover

As a librarian, Laura assists the choir director in organizing and filing music, locating music on request, setting up binders, keeping the library and loft in good condition, and helping with other tasks as needed.

"Becoming involved in the Music Ministry and assisting in the library is one small way for me to show my appreciation for this gift and to share my time and talent with the parish community — to be a better steward," she says.

Laura sings with the Belleville Philharmonic, a community chorus. Through her involvement, she helped with the library there and continues to enjoy serving in that role.

"When the librarian left the organization, I offered to take on the position," Laura says. "I became familiar with his filing system at that time, so when he came to the Cathedral, it was natural to offer my assistance, if he so desired."

Laura enjoys working alongside co-librarian Jane Ohl in the Music Library.

"Jane was able to devote more time to the library after she retired," Laura says. "She is a valuable co-worker. She is my alto partner in choir, and we complement each other well. We think alike and work well together. There are also a number of other choir members who assist with duties as needed."

Even though music can be digitized and saved as a file, Laura says there is still a need for physical copies of music. The library is an "essential resource" to musicians and vocalists alike, with 11 file cabinets, multiple shelving units, storage containers, and a copier. It is an integral part of the Music Ministry for the Cathedral.

Music Library volunteers first start as choir members. Anyone who wishes to help in this ministry or has questions about it may contact Jane Ohl at janeo61@hotmail.com.

MASS TIMES

Saturday Vigil Mass: 4:00 p.m. | Sunday: 8:00 a.m., 10:30 a.m., 5:00 p.m. | Weekdays: Monday-Friday 6:45 a.m.

SACRAMENT OF PENANCE (CONFESSIONS)

Monday-Friday: 7:15-7:30 a.m. | Thursday: 6:00-7:00 p.m. | Saturday: 3:00-3:45 p.m.

ADORATION

Tuesday 12:00-1:00 p.m. | Thursday 6:00-7:00 p.m.